

GOOD NEWS TO USE

ADOLESCENT OASIS, INC.

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 Dayton, Ohio 45405
 (937) 228-2810 – Fax (937) 228-2815
 Weston Louis Philpot II, LPC
 Director



OPEN YOUR HEART AND HOME TO FOSTER CARE/ADOPTION

Volume 73, Number 5
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BOARD MEMBERS

Frank Watkins, President Pastor Jackie Robinson
 Stephen Fuller Sandra Terri Shampton
 Roberta Johnson
 Rodescu Macklin

ADOLESCENT OASIS, INC.
30 YEARS OF SERVICE

EMERGENCY TELEPHONE NUMBERS

Fire	911
Emergency Squad	911
Police	911
Mont Co Sheriff	(937) 225-4357
Poison Control	(937) 222-2227
Kroger's Pharmacy	(937) 277-0957
Ohio Dept Mental Health	(614) 644-8419
Crisiscare	(937) 224-4646
Mont County Children's Services	(937) 224-KIDS (5437)
After Hours/Emergency	(937) 776-4023
Office Work Hours	(937) 228-2810

FOSTER PARENTS, AFTER 5 PM PLEASE CALL THE AFTER HOURS/EMERGENCY TELEPHONE NUMBER AND FROM 9AM - 5 PM CALL THE OFFICE NUMBER. DO NOT CALL THE THERAPIST'S CELL PHONE.

LOOK...CONGRATULATIONS!!!

WE ARE SO PROUD AND THANKFUL TO ANNOUNCE THAT ADOLESCENT OASIS FOSTER CARE AND ADOPTION AGENCY IS CELEBRATING ITS 30 YEARS OF SERVICE TO THE COMMUNITY!

POLICY REVIEW

5101:2-7-02 GENERAL REQUIREMENTS FOR

FOSTER CAREGIVERS AND APPLICANTS (Continue from April 2023)

- (1) The victim of the offense was not a person under the age of eighteen.
- (2) The person's certification as a foster caregiver or the person's residency in the foster caregiver's household will not jeopardize in any way the health, safety or welfare of the children the agency serves. The following factors shall be considered in determining the person's certification as a foster caregiver or the person's residency in the foster caregiver's household.
 - (a) The person's age at the time of the offense.
 - (b) The nature and seriousness of the offense.
 - (c) The circumstances under which the offense was committed.

UPCOMING TRAINING

CALL TO RESERVE - NUMBER OF SEATING ONLY

MAY

MENTAL HEALTH

(Mr. Philpot, LPC - Instructor)

Sat., May 13	Wed., May 17
9:00 AM - 11:00 AM	5:00 PM - 7:00 PM
Sat., May 20	
9:00 AM - 11:00 AM	

FOSTER PARENTS, REMEMBER TO TURN IN YOUR WEEKLY COMPLETELY FILLED OUT. KEEP UP WITH ALL YOUR HOURS.

BECOME A FOSTER PARENT

If you have love for children and you are at least 21 years old, have an extra bedroom in your home and a stable income, you may qualify. You can be married, single, or divorced. For information call 228-2810.

COUNSELING

The Community-based Counseling Services are the beginning of the continuum, conducting assessment and providing brief therapy for clients who are at risk of court involvement. This service provides short and long-term therapy, including individual, family, group and case management. Many, not all, of our clients have problems in the community, in foster homes, on probation and or parole. Sessions by appointments – 228-2810.

INFORMATIVE INFORMATION - COVID-9 VIRUS

WHAT TO DO TO SAFEGUARD YOURSELF:

1. Drink lots of hot liquid, coffees, soups, teas, warm water. In addition, take a sip of warm water every 20 minutes because this keeps the mouth moist and washes any of the virus that has entered your mouth into your stomach where the gastric juices will neutralize it before it can get to the lungs.
2. Gargle with an antiseptic in warm water, like vinegar, salt, or lemon every day if possible.
3. The virus attaches itself to hair and clothes, any detergent or soap kills it, but you must take a bath or shower when you get in from the street. Avoid sitting down anywhere and go straight to the bath or shower. If you cannot wash clothes daily, hang them in direct sunlight which also neutralizes the virus.
4. Wash metallic surfaces very carefully because the virus can remain viable on these for up to nine days. Take note and be vigilant about touching handrails and door handles including within your own house, you can make sure that you are keeping those clean and wiping them down regularly.
5. Don't smoke.
6. Wash your hands every 20 minutes using any soap that foams. Do this for 20 seconds and wash your hands thoroughly.
7. Eat fruit and vegetables. Try to elevate
8. your Zinc levels, not just your Vitamin C levels.
9. Animals do not spread the virus to people; it is person to person transmission.

10. Try to avoid getting the common flu – this already weakens your system and try to avoid eating or drinking cold things.

RECIPES FOR YOUR FAMILY



BEST PHILLY CHEESE STEAK SLOPPY JOES

INGREDIENTS

1 pound lean ground beef, 2 T butter,
1 small yellow onion, diced,
1 small green bell pepper, diced
8 oz. brown mushrooms minced, 2 T ketchup
1 T Worcestershire sauce, ½ t. Kosher salt
1/2 t fresh ground black pepper, 1 T cornstarch
1 cup beef broth
8 ounces Provolone Cheese Slices, chopped (use 6oz if you don't want it very cheesy)
6 brioche hamburger buns

INSTRUCTIONS

1. Get the beef and then put it at the bottom of a cast-iron skillet to make sure that you brown this well. From there, leave it in there and brown it until you see a crust that's a deep brown appearing before the beef breaks apart.
2. From there, make sure that about half of the beef has a deep crust before you continue on with this.
3. You want to take out the beef, but leave the fat, and then, put the butter in there, along with the onions, mushrooms, and peppers.
4. Let this sit to brown for a couple of minutes before it stirs, and then, let this brown for another couple of minutes before it begins to stir it once more.
5. Put the beef into the pan once again.
From there, take a cup, mix the cornstarch and the beef broth together, and from there, add the Worcestershire sauce, ketchup, the black pepper, salt, and the mixture of beef and cornstarch directly into the pan.
6. Cook this until it's only barely liquid, where about ¾ of the mixture is over the liquid, which is about 3-5 minutes or so.
7. Turn off your heat, and from there, add in your provolone cheese to the mixture.
8. From there, get the brioche buns, put them in the toaster oven or the toaster for convenience, and then toast these.
9. When finished, put them down on a plate or a baking sheet, and then, spoon a bit of the mixture into the buns themselves.

ENJOY!

BIRTHDAY OF THE MONTH CORNER

Happy Birthday
Happy Birthday



MAY

5 Lovie Thompson 16 Khalilah Forte
5 DeVonna Wood 23 Kenia Crutcher
13 Irvin McDonald **29 Memorial Day**

THOUGHT FOR THE FOR THE DAY

"I never learned anything when I was talking."

Larry King